

**The Benefice of All Saints', Highbrook
& St Margaret of Antioch, West Hoathly**

Prayers and Readings for Trinity 3 - Sunday 21st June 2026

The Collect

Almighty God,
you have broken the tyranny of sin
and have sent the Spirit of your Son into our hearts
whereby we call you Father:
give us grace to dedicate our freedom to your service,
that we and all creation may be brought
to the glorious liberty of the children of God;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen

The Liturgy of the Word

Jeremiah 20.7-13

O Lord, you have enticed me,
and I was enticed;
you have overpowered me,
and you have prevailed.
I have become a laughing-stock all day long;
everyone mocks me.
For whenever I speak, I must cry out,
I must shout, 'Violence and destruction!'
For the word of the Lord has become for me
a reproach and derision all day long.
If I say, 'I will not mention him,
or speak any more in his name',
then within me there is something like a burning fire
shut up in my bones;

I am weary with holding it in,
and I cannot.
For I hear many whispering:
‘Terror is all around!
Denounce him! Let us denounce him!’
All my close friends
are watching for me to stumble.
‘Perhaps he can be enticed,
and we can prevail against him,
and take our revenge on him.’
But the Lord is with me like a dread warrior;
therefore my persecutors will stumble,
and they will not prevail.
They will be greatly shamed,
for they will not succeed.
Their eternal dishonour
will never be forgotten.
O Lord of hosts, you test the righteous,
you see the heart and the mind;
let me see your retribution upon them,
for to you I have committed my cause.

Sing to the Lord;
praise the Lord!
For he has delivered the life of the needy
from the hands of evildoers.

Psalm 69.8–20

⁸ For your sake have I suffered reproach;
shame has covered my face.
⁹ I have become a stranger to my kindred,
an alien to my mother’s children.

- ¹⁰ Zeal for your house has eaten me up;
the scorn of those who scorn you has fallen upon me.
- ¹¹ I humbled myself with fasting,
but that was turned to my reproach.
- ¹² I put on sackcloth also
and became a byword among them.
- ¹³ Those who sit at the gate murmur against me,
and the drunkards make songs about me.
- ¹⁴ But as for me, I make my prayer to you, O Lord;
at an acceptable time, O God.
- ¹⁵ Answer me, O God, in the abundance of your mercy
and with your sure salvation.
- ¹⁶ Draw me out of the mire, that I sink not;
let me be rescued from those who hate me
and out of the deep waters.
- ¹⁷ Let not the water flood drown me,
neither the deep swallow me up;
let not the Pit shut its mouth upon me.
- ¹⁸ Answer me, Lord, for your loving-kindness is good;
turn to me in the multitude of your mercies.
- ¹⁹ Hide not your face from your servant;
be swift to answer me, for I am in trouble.
- ²⁰ Draw near to my soul and redeem me;
deliver me because of my enemies.

Romans 6.1-11

What then are we to say? Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

The Gospel

Matthew 10.24-39

‘A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

‘So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

‘Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

‘Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,
and a daughter against her mother,

and a daughter-in-law against her mother-in-law;
and one's foes will be members of one's own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.

Prayer after Communion

O God, whose beauty is beyond our imagining
and whose power we cannot comprehend:
show us your glory as far as we can grasp it,
and shield us from knowing more than we can bear
until we may look upon you without fear;
through Jesus Christ our Saviour. Amen